

The Quaide Milleth College for Men, Medavakkam, Chennai 600100

Ek Bharat Shreshtha Bharat club in association with IQAC
organises a Three days Webinar on

“Personality Enrichment Program for Coping with Stress of Pandemic”

24.07.2020 – 26.07.2020

Report for Ek Bharat Shrestha Bharat (EBSB)

Our College Ek Bharat Shrestha Bharat (EBSB) club and Internal Quality Assurance cell (IQAC) jointly organized Three days Webinar on “Personality Enrichment Program for Coping with Stress of Pandemic”, under quality enhancement Program. A Multi-disciplinary webinar series for students from 24th July 2020 to 26th July 2020 between 11.00 A.M – 1.30 P.M through Google meet platform. Mr. Thilip Kumar, M.A Mass Communication and Mr. M. Kumar, MBA Finance, was the resource persons. The session was highly useful and informative for students. There were 86 students participants from various departments of our college including all the faculties of various departments. The session was well explained by resource persons and the students are highly motivated. All the students have got a clear idea about Relaxation Technique and Interiorization, Rejuvenation and Affirmation & Setting up a goal. The session was very interactive. The students clarified their doubts and got benefitted in the question & answer session

Our sincere thanks to Alhaj. M.G. Dawood Miakhan, Secretary and Correspondent, Dr. A. Rafi, Director, Dr. (Mrs) M. Amthul Thawab, Principal, Mr. T. Mohammed Iqbal, Admin Manager and staff members of IQAC of The Quaide Milleth College for Men, Medavakkam, Chennai -600100.

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CHATS

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- Latha Madam Poombukar Coll... 7/15/2020
😊😊
- AVC KA sir HOD 7/9/2020
It is pleasure sir thank you so much sir
- QMC HOD Mam Hubby Syed ... 2/23/2020
Photo

GROUPS

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Greetings from The Quaide Milleth College for Men, Chennai-600 100.

Ek Bharat Shreshtha Bharat club in association with IQAC organises a Three days Webinar on
Personality Enrichment Program for Coping with Stress of Pandemic.

Resource Persons

- Mr. Thilip Kumar**
M.A Mass Communication
- Mr. M. Kumar**
MBA Finance

Topics

Day 1 : Relaxation Technique and Interiorization

Day 2: Rejuvenation

Day 3 : Affirmation & Setting up a goal

Date: **24, 25 and 26th July 2020** (Three days)

Time: 11.00 AM to 1.30 PM

Type a message

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26-Jul-20

Inbox (12) - ebsbsportsqmcmen | Recent - Google Drive | EBSB - Google Forms | Day 1 Three days Webinar - Go...

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EBSB

Questions Responses 15

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EBSB

Questions Responses 15

15 responses

Not accepting responses

Message for respondents

This form is no longer accepting responses, and has been set to automatically close by

Summary Question Individual

Who has responded?

Email

rabdulrajak@gmail.com

priyasarathy2002@gmail.com

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VALAPADY,SALEM-636111

Medavakkam,chennai-600100

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Medavakkam 600100

Medavakkam, Chennai - 600100

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Calss

14 responses

42.9%

57.1%

- M.COM
- B.COM - A
- B.COM - B
- B.Sc Mathematics
- STUDENT
- Faculty

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Day 1 Three days Webinar

Questions Responses 34



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Day - 1 - Feedback Form - Ek Bharat Shreshtha Bharat Club in association with IQAC orgsnizes a Three days webinar on " Personality Enrichment Program for Coping with Stress of Pandemic

Form description

Email address *

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Day 1 Three days Webinar

Questions Responses 34

34 responses

Accepting responses

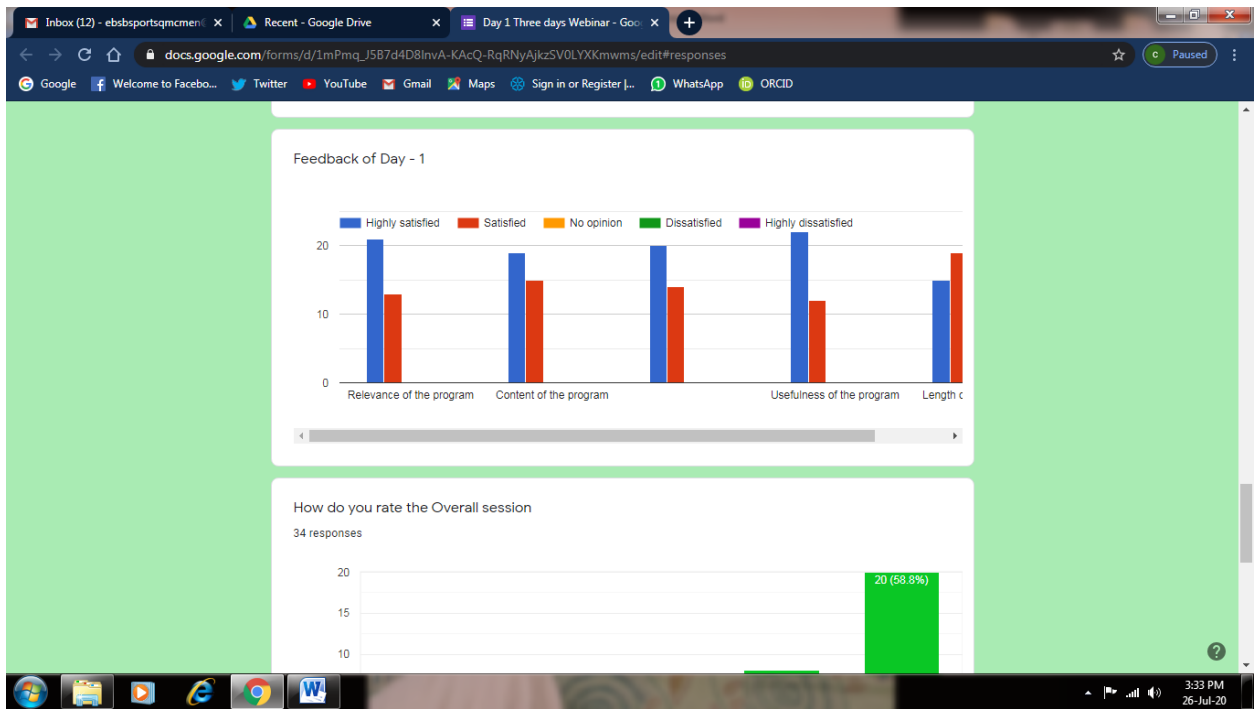
Summary Question Individual

Who has responded?

Email

- shaliniselvam042002@gmail.com
- parveen123ahamed@gmail.com
- hemamaallniqmc@gmail.com
- alifathima160@gmail.com
- umuki2001@gmail.com

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Day 2- Three days Webinar

Questions Responses 59

59 responses

Accepting responses

Summary Question Individual

Who has responded?

Email

- alifathima160@gmail.com
- shaliniselvam042002@gmail.com
- ifthiquarsheerin25@gmail.com
- umuki2001@gmail.com
- imaadnaveen7879@gmail.com

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Gender 59 responses

Gender	Percentage
Male	20.3%
Female	79.7%

Stream 59 responses

Stream	Percentage
Commerce	42.4%
Science	57.6%

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Day 2- Three days Webinar

Questions Responses 59



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Day - 2 - Feedback Form - Ek Bharat Shreshtha Bharat Club in association with IQAC orgnizes a Three days webinar on " Personality Enrichment Program for Coping with Stress of Pandemic

Form description

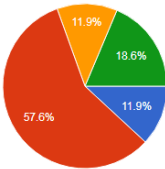
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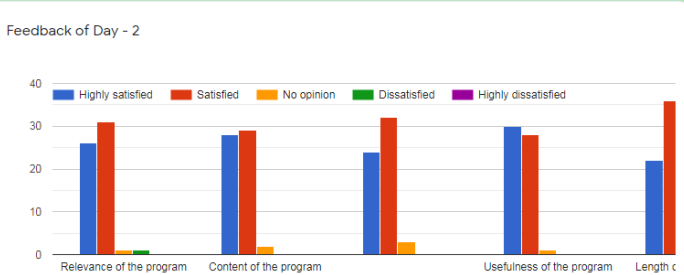
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59 responses



- M.Com
- B.Sc Mathematics
- B.Com - A
- B. Com - B

Feedback of Day - 2



Category	Highly satisfied	Satisfied	No opinion	Dissatisfied	Highly dissatisfied
Relevance of the program	25	30	1	1	0
Content of the program	28	28	2	0	0
Usefulness of the program	24	32	2	0	0
Length c	22	35	0	0	0


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Day 3 - Three days Webinar


Questions | Responses 86 | Total points: 0



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Day - 3 - Feedback Form - Ek Bharat Shreshtha Bharat Club in association with IQAC orgnizes a Three days webinar on " Personality Enrichment Program for Coping with Stress of Pandemic"

Form description

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Day 3 - Three days Webinar

Questions | Responses 86 | Total points: 0

86 responses


Accepting responses

Summary | Question | Individual

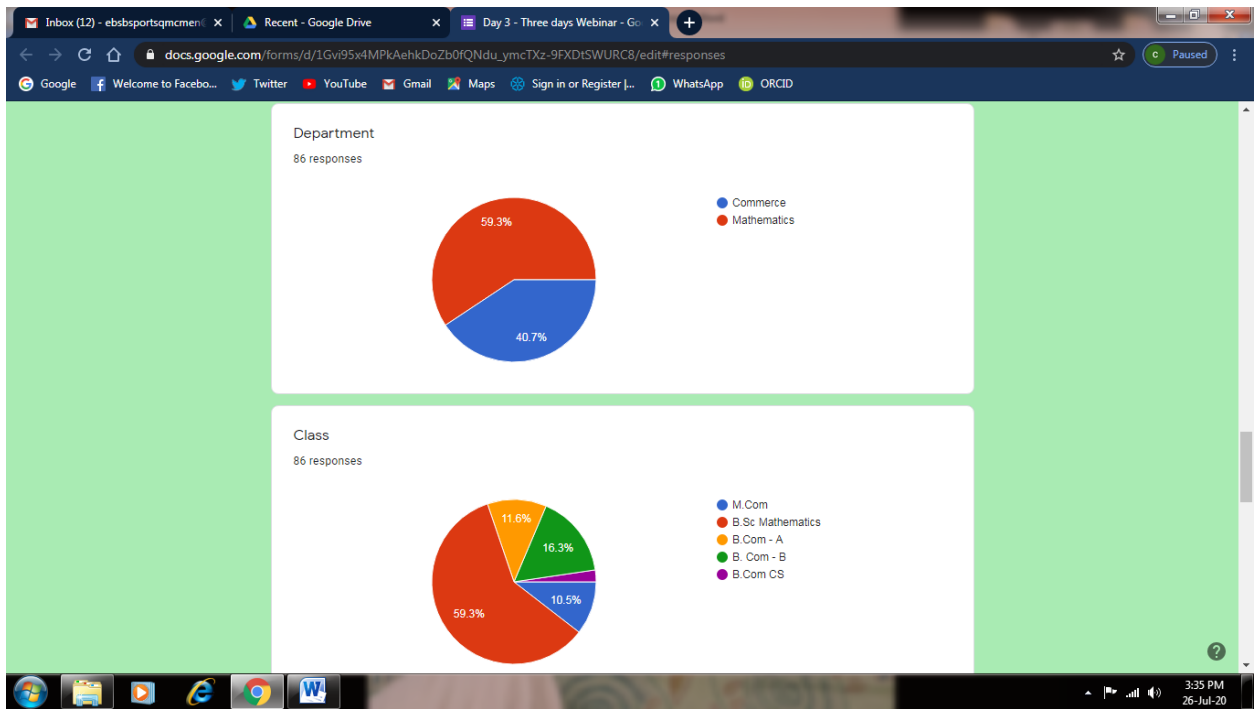
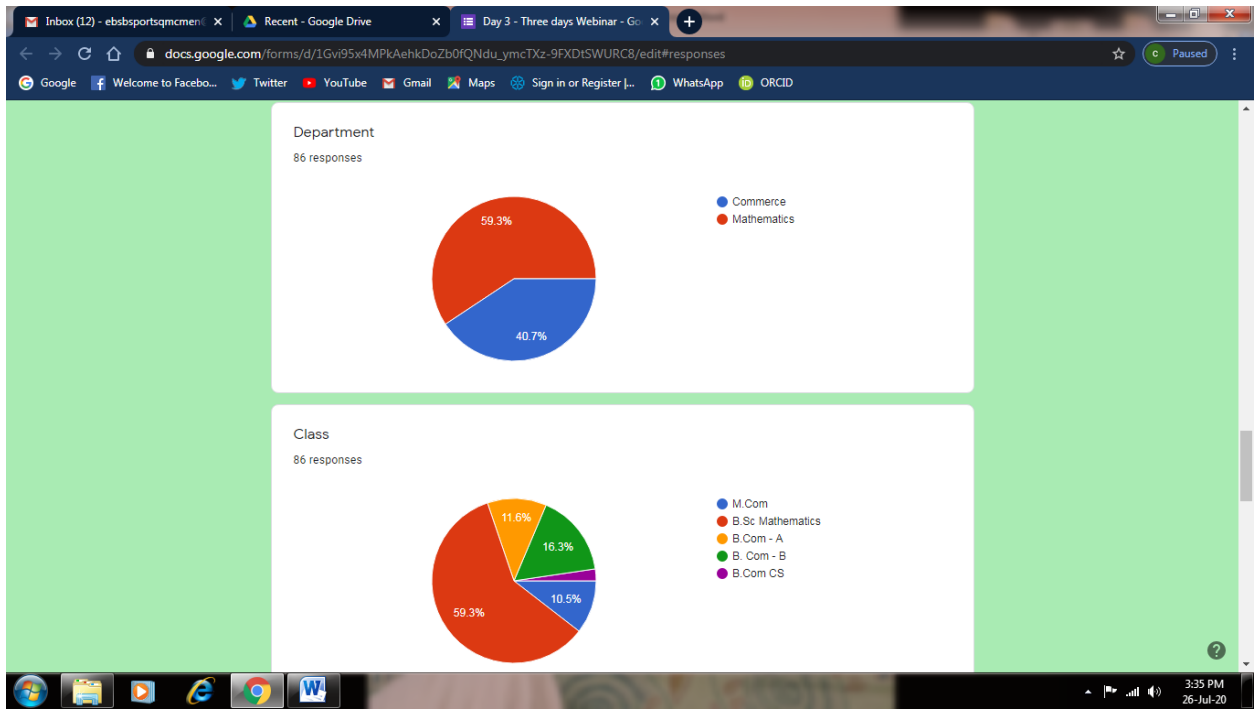
Insights

Average	Median	Range
0 / 0 points	0 / 0 points	0 - 0 points

Total points distribution



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Certificate of Completion
This is to certify that
[[full name]]
of
[[Other Identifier]]
has participated a Three days webinar on " *Personality Enrichment Program for Coping with Stress of Pandemic*" Organized by Ek Bharat Shreshtha Bharat Club in association with Internal Quality Assurance Cell, The Quaide Milleth College for Men, Medavakkam, Chennai from 24.07.2020 to 26.07.2020.

Dr. M. Raji Mohanlal
Head of the Department &
IQAC Co-Ordinator

Dr.(Mrs) M. Anitha Thawab
Principal

Dr. A. Rafi
Director

Certificate No.: [[certificate id]]

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